



**Your Kindness Matters!**  
We challenge you to complete as many acts of kindness as you can. Have fun!

Generously made possible by:



**Carlsbad  
Charitable Foundation**

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## Kind Acts

- ☐ Smile at 25 people.
- ☐ Learn 5 new things about a new friend.
- ☐ Make a craft for a friend.
- ☐ Give a treat to a friend.
- ☐ Sincerely compliment 5 people.
- ☐ Tell a joke and make someone laugh.
- ☐ Decorate a placemat for a homebound senior.
- ☐ Thank a bus driver.
- ☐ Show appreciation to a first responder.
- ☐ Sing a song with a friend.
- ☐ Make a peace sign ornament.
- ☐ Share a favorite holiday memory.
- ☐ Experience a different culture's New Year's tradition.
- ☐ Create a kind New Year's resolution.
- ☐ Make and display a Kindness Matters sign.
- ☐ Hug 10 people.
- ☐ Make a Valentine's Day card.
- ☐ Decorate 10 hearts and put them on cars.
- ☐ Learn to say hello in 5 languages.
- ☐ Create a happy handshake.
- ☐ Plant a succulent with a friend.
- ☐ Take a walk to the beach.
- ☐ Pick up 10 pieces of trash.
- ☐ Write a kind message in the sand.
- ☐ Read a book about a different culture.
- ☐ Play a cross-cultural game.
- ☐ Make a wish for a child in another country.
- ☐ Celebrate a new friendship.
- ☐ Play an intergenerational game.
- ☐ Do a happy dance.

Joyfully brought to you by:

**Kids for Peace**